

About School Meals at Austin ISD

We offer breakfast and lunch daily at all schools, available to all students.	School meals are healthy, balanced, and follow federal nutrition guidelines.	We feature scratch cooked recipes prepared by staff in each school kitchen.	Our menus include a variety of fresh fruits and vegetables.
We feature vegetarian options daily and can make vegan accommodations upon written request.	We purchase from local farmers and producers when possible.	Our menus highlight global flavors to appeal to our diverse student body and introduce new flavors.	We prioritize sustainability through meaningful purchasing and waste reduction efforts.

Menu Notes



We offer low fat and fat free milk daily at breakfast and lunch. K-12 students are not required to take milk.



Per federal guidelines, **Pre-K students** receive a set plate of vegetables, fruit, 1% unflavored milk, and choice of entree. Contact your school's café manager for dietary questions. The icon (PK) used on the menu to the right identifies daily Pre-K selections.

Food Allergies & Special Diets

We can accommodate **food allergies and special dietary needs** with a completed **Request for Dietary Accommodation Form**, available online or from your school nurse or café manager.

We also offer reasonable accommodations within federal guidelines for dietary preference, i.e. **milk alternatives and vegan accommodations**. Caregivers may submit dietary preference requests in writing to the café manager at their child's school, in advance, to allow time to review and order any alternative products.



Follow us: @AustinISDFood

Questions? Text Let's Talk by sending a message to 512-229-9110.

Menus are subject to change.
Austin ISD is an equal opportunity provider.

August 2023 - Elementary Breakfast & Lunch Menu

Breakfast Menus: BIC = Breakfast served in the Classroom • Café = Breakfast served in the Cafeteria

Monday	Tuesday	Wednesday	Thursday	Friday
14 BIC: Belgian Waffle (V) Café: Pancakes (V) w/ Turkey Sausage or Cereal (V) + Fruit & Milk	15 Blueberry Bagel (V) with Cream Cheese or Cereal (V) + Fruit & Milk	16 Peach Yogurt Parfait (V) with Granola or Cereal (V) + Fruit & Milk	17 Chicken Biscuit Sandwich or Cereal (V) + Fruit & Milk	18 BIC: Bean & Cheese Taco (V) Café: Potato, Egg, & Cheese Taco (V) or Cereal (V) + Fruit & Milk
IT'S TIME FOR NEW PIZZA! Now serving pepperoni & cheese pizza from Alpha Foods Co. in Waller, Texas. Pepperoni Pizza (PK) (V) Cheese Pizza (V) (PK) (V) Seasoned Corn (PK) Garden Side Salad Chilled Blueberries • Red Apples (PK)	Yogurt Plate with Turkey & Cheese Sandwich (PK) Yogurt Plate with SunButter & Jelly Sandwich (V) (PK) Roasted Carrots (PK) Garden Side Salad Chilled Strawberries • Bananas (PK)	NEW MENU ITEM! Penne with Organic Meatballs (PK) (V) Penne with Marinara & Mozzarella Cheese (V) (PK) Garlic Toast (PK) Fresh Steamed Broccoli (PK) Fresh Cucumbers & Cherry Tomatoes Dried Cranberries • Oranges (PK)	NEW MENU ITEM! Chicken Tamale (GF) (PK) (V) with Spanish Rice Organic Bean & Cheese Burrito (V) (PK) Zesty Black Beans (PK) Fresh Cucumbers & Cherry Tomatoes Raisins Watermelon (PK) Chocolate Milk (PK)	No-Antibiotics-Ever Chicken Tenders (PK) with a Whole Wheat Dinner Roll (PK) Baked Alfredo Garden Pasta with a Whole Wheat Dinner Roll (PK) Baked Sweet Potato (PK) (V) Fresh Cucumbers & Cherry Tomatoes Green Apples Diced Frozen Peach Cup (PK)
21 Strawberry Chia Oatmeal Bar (V) (PK) or Cereal (V) + Fruit & Milk	22 Whole Grain Blueberry Muffin (V) (PK) or Cereal (V) + Fruit & Milk	23 Strawberry Smoothie (V) with Granola or Cereal (V) + Fruit & Milk	24 French Toast Sticks (V) or Cereal (V) + Fruit & Milk	25 Turkey Sausage Kolache or Cereal (V) + Fruit & Milk
NOW SERVING SALADS DAILY! Fish Mac & Cheese (PK) Macaroni & Cheese (V) (PK) Fiesta Salad (GF) with Chicken or Black Beans (V) Pretty Peas (PK) Garden Side Salad Red Apples • Chilled Strawberries (PK)	Crispy Beef Tacos (GF) (PK) Tex-Mex Pizza (V) (PK) Fiesta Salad (GF) with Chicken or Black Beans (V) Zesty Black Beans (PK) Cucumber & Carrot Dippers Applesauce • Bananas (PK)	Organic, Grass-fed Hamburger (PK) (V) Veggie Burger (V) (PK) Fiesta Salad (GF) with Chicken or Black Beans (V) Potato Wedges (PK) Cucumber & Carrot Dippers Berry Cherry Crisp • Oranges (PK)	TRY SOMETHING NEW! Chicken Potstickers (PK) with Fried Rice Vegetable Potstickers with Fried Rice (V) (PK) Fiesta Salad (GF) with Chicken or Black Beans (V) Honey Ginger Carrots (PK) Cucumber & Carrot Dippers Grapes • Mango (PK)	Pepperoni Pizza (PK) (V) Cheese Pizza (V) (PK) (V) Fiesta Salad (GF) with Chicken or Black Beans (V) Seasoned Green Beans (PK) Cucumber & Carrot Dippers Green Apples • Watermelon (PK)
28 BIC: Belgian Waffle (V) Café: Pancakes (V) w/ Turkey Sausage or Cereal (V) + Fruit & Milk	29 Blueberry Bagel (V) with Cream Cheese or Cereal (V) + Fruit & Milk	30 Peach Yogurt Parfait (V) with Granola or Cereal (V) + Fruit & Milk	31 Chicken Biscuit Sandwich or Cereal (V) + Fruit & Milk	1 BIC: Bean & Cheese Taco (V) Café: Potato, Egg, & Cheese Taco (V) or Cereal (V) + Fruit & Milk
NOW SERVING SUNBUTTER & JELLY SANDWICHES DAILY! Fish Tacos (PK) with Mango Pico de Gallo Pizza Dippers (V) (PK) Asian Salad with Chicken or Edamame (V) SunButter & Jelly Sandwich (V) Steamed Broccoli (PK) Garden Side Salad Dried Cranberries • Red Apples (PK)	Crispy Chicken Tacos (GF) (PK) Bean & Cheese Tamale (V) (PK) (V) with Spanish Rice Asian Salad with Chicken or Edamame (V) SunButter & Jelly Sandwich (V) Pinto Beans (PK) Garden Side Salad Oranges • Bananas (PK)	Organic, Grass-fed Hamburger (PK) (V) Veggie Burger (V) (PK) Asian Salad with Chicken or Edamame (V) SunButter & Jelly Sandwich (V) Potato Wedges (PK) Cucumber & Pepper Dippers Frozen Peach Cup • Watermelon (PK)	NEW MENU ITEM! Chicken Enchilada (GF) (PK) with Spanish Rice Bean & Cheese Pupusa (V) (GF) (PK) Asian Salad with Chicken or Edamame (V) SunButter & Jelly Sandwich (V) Seasoned Corn (PK) Cucumber & Pepper Dippers Mango • Chilled Strawberries (PK) Chocolate Chip Cookie (PK) (V)	No-Antibiotics-Ever Chicken Bites (PK) with a Whole Wheat Dinner Roll (PK) Lentil Chili Frito Pie (V) (GF) (PK) with Homemade Cornbread Asian Salad with Chicken or Edamame (V) SunButter & Jelly Sandwich (V) Sweet Potato Fries (PK) Cucumber & Cherry Tomato Dippers Green Apples • Mixed Berry Cup (PK)

We encourage all Austin ISD students to enjoy healthy, tasty school meals!



It's easy and convenient to dine at school.

Cafeteria Process:

- No registration or documentation is needed for any student to dine at school.
- Students may simply walk through the serving line on any day and select their meal components during designated breakfast and lunch times.
- The cashier will ask the student's name and/or ID number and debit their account based on their meal status (free, reduced-price, or paid).
- Cafeteria staff and teachers are available to assist any new or returning student diners.

Paying for School Meals:

- Students dining with a reduced-price or paid status may purchase meals using cash or funds added online to their SchoolCafé account.
- No funds are needed for students with a free meal status, unless they would like to purchase à la carte items.
- We accept cash in the café daily from 7 a.m.-2 p.m..

Download our mobile app to access all your school meal needs!



Apply for Free or Reduced-Price Meals

View Daily Menus, Nutritional Information, and Allergens

Manage Student Meal Accounts and Make Pre-Payments

We're hiring!

Now starting at \$20/hour!

✓ Great hours! ✓ Paid holidays!

Medical Insurance, Texas Teacher's Retirement, Paid Personal and Sick Leave

Food Service Manager Trainees

Food Production Substitutes

Food Production Technicians

Apply: www.AustinISD.org/careers

Questions? Call 512-414-0251